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# **MAKING THE CONNECTION:**

Patient Education Improves
Quality and Outcomes
September 27-29, 2023

tegy • Buy-in • Return of Investment • Metrics • Diversity • Plain languag Ith Disparities/Equity • Translation • Health Literacy • Access

# Welcome!

The Health Care Education Association (HCEA) welcomes you to the 2023 virtual conference, **Making the Connection: Patient Education Improves Quality and Outcomes**. This conference is for YOU! For you to strategize, share, learn, reinforce, and expand your patient education tool kit. These best practice tips and resources are all available for YOU! The HCEA conference planning committee has dedicated many hours and energy to carefully choose speakers and sponsors to assist YOU in enhancing your practice for better quality outcomes. We want YOU to continue to be the change agent in your community as YOU provide valuable, equitable, safe and quality care to patients and families in the community YOU serve. Thank you for choosing to spend this time with us in whatever capacity as YOU make a difference in the lives of people YOU care about and for.

"The whole purpose of education is to turn mirrors into windows." —Sydney J. Harris

Respectfully, Ms. Wayne Neal MAT, BSN, RN-PDC HCEA Conference Chair and Board Member

# 2023 Program

# All Times are in Eastern Time • Program Subject To Change

# Wednesday, September 27

10:30 a.m.-10:45 a.m.

#### Welcome Remarks

Erica E. Ailes, BSN, RN, CPN, HCEA President Wayne Neal, MAT, BSN, RN, NPD-BC, 2023 Conference Planning Committee Chair



10:45 a.m.-11:45 a.m.

# Opening Keynote: Empathy Amplified: Transforming Healthcare through Compassionate Connections

Karen Komondor, RN, BSN, CCRN Founder, President Health Literacy 360, LLC

11:50 a.m.-12:35 p.m.

## Session 1.1

A PERS-cription for Success in Patient Education Amanda Joie, MSN, RN, CV-BC, NPD-BC, ChristianaCare

#### Session 1.2

# Innovative Interprofessional Health Literacy Training: Integrating EBP, Patient Experience and Simulation

Carolyn Cutilli, PhD, RN, NPD-BC, Penn Medicine Haley Fuller, MA, CHES, Penn Medicine Robert Goodman, BA, MBA, Penn Medicine Denise LaMarra, MS, CHSE, Penn Medicine

12:35 p.m.-12:45 p.m.

## Break

12:45 p.m.-1:30 p.m.

# Lunch Break

## **Vendor Presentations**

12:45 p.m.-1:00 p.m. - Healthwise 1:05 p.m.-1:20 p.m. - Mytonomy

1:30 p.m.-2:00 p.m.

## **Poster Session 1**

# **Putting Patient Education on the Strategic Roadmap** Erica E. Ailes, BSN, RN, CPN

# Improvement By Design: An Education Platform that Supports Nurses and Empowers Patients

Julie L. Classen, MSN, RN, AVP Seema Kumar, MD, MPP

# **Establishing Standards of Practice for Patient and Family Education**

Laura Rohde, BSN, RN, CPN Cheryl Fonseca, BSN, RN, CPN

# Wednesday, September 27 (Continued)

2:05 p.m.-2:50 p.m.

## Session 2.1

# Shift Happens! Using Data to Drive Education & Improvement

Shobha Iyer, Children's Healthcare of Atlanta Claire Doughtie, CCLS, Children's Healthcare of Atlanta

#### Session 2.2

## **Patient Education: Strategies to Improve Outcomes**

Connie Feiler, MSN, RN, Healthwise Ethan Hughes, MPH, Healthwise Kristen Callaghan, MSN, RN, MED-SURG-BC, NPD-BC, CUA, ChristianaCare

2:50 p.m.-3:00 p.m.

## Break

3:00 p.m.-3:45 p.m.

#### Session 3.1

# Designing a Digital Solution to Manage Custom Patient Education Materials

Katherine Leath, MPH, MA, University of Arkansas for Medical Sciences

Sarah Travis, BS, University of Arkansas for Medical Sciences

#### Session 3.2

# Shared Decision Making: Leveraging Digital Patient Education Platforms to Improve Patient Activation & Adherence

Seema P. Kumar, MD, MPP, Mytonomy Julie Classen, MSN, RN, AVP, Mytonomy

3:50 p.m. p.m.-4:20 p.m.

# 2023 Benchmark Survey of Healthcare Institutions on Patient Education

Sue McWilliams, DNP, RN Heather Todd, MSN, RNC-MNN

4:20 p.m. p.m.-4:30 p.m.

## **Closing Remarks and Daily Drawing**

Wayne Neal, MAT, BSN, RN, NPD-BC

# **Thursday, September 28**

10:30 a.m.-10:45 a.m.

#### Welcome

Wayne Neal, MAT, BSN, RN, NPD-BC



10:45 a.m.-11:45 a.m.

Appreciative Inquiry: A Strategy for Providing Effective Patient Education

Karen Stefaniak, RN, PhD

11:50 a.m.-12:35 p.m.

#### Session 4.1

# Patient Education Internship Program: Academic Partnership to Expand Our Reach

LaTangee D. Dickens, PhD, ECU Health

#### Session 4.2

# Implementation of Education Workshops to Enhance Educator Competencies for an Interprofessional Healthcare Team

Ben Lee, RT(T), BSc, BTEch, MHA, Provincial Health Services Authority

Cecilia Kim, RT(T), BSc, BTech, MPH, Provincial Health Services Authority

Siwon Kim, MSN, RN, Provincial Health Services Authority

12:35 p.m.-12:45 p.m.

## **Break**

12:45 p.m.-1:30 p.m.

## Lunch Break

## **Vendor Presentations**

12:45 p.m.-1:00 p.m. - Krames by WebMD Ignite 1:05 p.m.-1:20 p.m. - Wolters Kluwer

1:30 p.m.-2:00 p.m.

## **Poster Session 2**

# **Nursing Administration Activities on Patient Education**

Saija Inkeroinen, MHSc, BHSc, PHN, RN

# How to Accurately Evaluate and Act on Learner Preferences in Patient Education

Sarah Stempski, MPH, MCHES Megan Woltring, MS

## Why Medline Plus?

Fran Rice, MHSA, MSLIS, AHIP-Distinguished, CPS Dana Abbey, MLS, AHIP

# **Thursday, September 28 (Continued)**

2:05 p.m.-2:50 p.m.

#### Session 5.1

# Leveraging Mobile Microlearning to Deliver a Better Patient Experience

Timothy Gibbons, Mercy One/Mason City Clinic Erick Prospero, CEO Ninjatropic

#### Session 5.2

# Beyond the AVS: Implementing an Education Utilization Improvement Initiative

Liza Cooper, LMSW, Sala Institute of Child and Family Centered Care at Hassenfield Children's Hospital at NYU Langone Health

2:50 p.m.-3:00 p.m.

#### **Break**

3:00 p.m.-3:45 p.m.

## Session 6.1

# Using Backwards Design to Reshape a Group Family-Centered Healthy Lifestyles Program for Virtual Delivery

Ben Lee, RT(T), BSc, BTEch, MHA, Provincial Health Services Authority

Cecilia Kim, RT(T), BSc, BTech, MPH, Provincial Health Services Authority

Madelaine Gierc, MPH, PhD (Kin), PhD (Pscyh), Provincial Health Services

## Session 6.2

# **Health Literacy Awareness: Teaching Pediatric Nurses** through Partnering with Parents

Asia Reed-Briggs, MSN, RN, CPN, Childrens National Hospital

Wayne Neal, MAT, BSN, RN, NPD-BC, Childrens National Hospital

Darcel Jackson

3:50 p.m.-4:35 p.m.

# Patient/Parent Panel: The Power of Patient/Family Voice in Driving Change

Michele Anderson Katie Darcy TjaMeika Davenport

4:35 p.m.-4:45 p.m.

# **Closing Remarks and Daily Drawing**

Wayne Neal, MAT, BSN, RN, NPD-BC

# Friday, September 29

10:30 a.m.-10:45 a.m.

#### Welcome Remarks

Wayne Neal, MAT, BSN, RN, NPD-BC

10:45 a.m.-11:30 a.m.

#### Session 7.1

## **Making Sense of Numbers**

E. Bailey Sterling, MSIS, Network of the National Library of Medicine, Region 3

## Session 7.2

## **Outdoor Classrooms: Living Learning Labs for Better** Health

Tammy Thompson, EdD, CPXP, EDAC, RA, RID, ECU Health

11:35 a.m.-12:20 p.m.

#### Session 8.1

# Telling Stories: MLMS / My Life My Story

Reshma Ahmed, RN, BSN, PhD, BVSc, AH, Veterans Health

#### Session 8.2

## **HCEA Patient Education Guidelines: Dissemination** and Application 2023

Carolyn Cutilli, PhD, RN, NPD-BC, Penn Medicine Sarah Christensen, MA, The University of Texas MD Anderson Cancer Center

# Friday, September 29 (Continued)

12:25 p.m.-12:55 p.m.

## **Poster Session 3**

## **ED Patient Journal: Setting and Managing Expectations in the Emergency Department**

Tammy Thompson, EdD, CPXP, EDAC, RA, RID, EUC Health

Dorothea Handron, EdD Nursing, APRN

Mary Foreman

Brenda Emory, MBA, RN, BSN

# **Determining Pre and Post-Intervention Patient Education Resource Utilization Rates on a Medical-Surgical Unit**

Taylor L. Steele, DNP, RN, CPN Pamela LaBorde, DNP, APRN, CCNS Emily Taylor, Med Alison Caballero, MPH, CHES

**Perioperative Education for Ambulatory Hand** Surgery Patients: Design and Evaluation of a Structured Web-Based Patient Education Platform Mariella Seel

12:55 p.m.-1:05 p.m.

## **Virtual Drawing**

1:05 p.m.-1:15 p.m.

## Closing and Wrap Up

Erica E. Ailes, BSN, RN, CPN, HCEA President Wayne Neal, MAT, BSN, RN, NPD-BC

# HCEA would like to thank the following sponsors:





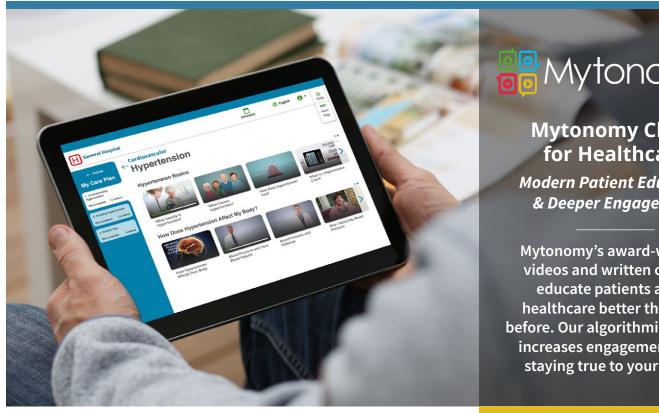














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# PATIENT EDUCATION WITH PURPOSE

Don't miss our learning sessions at the show:

"Patient Education: Strategies to Improve Outcomes"

Connie Feiler, MSN, RN, Healthwise Ethan Hughes, MPH, Healthwise Kristen Callaghan, MSN, RN, MED-SURG-BC, NPD-BC, CUA, ChristianaCare Wednesday, September 27th | 2:00 - 2:45 p.m.

"Evolving Patient Education to Support Health Equity: Healthwise's Mindful Approach"

Sandy Jocoy, RN, Healthwise

Wednesday, September 27th, I 12:45 - 1:30 p.m.





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# HCEA is excited to offer printed and bound versions of our Patient Education Practice Guidelines for Health Care Professionals at a cost of \$20 to conference attendees only.

Patient Education Practice Guidelines for Health Care Professionals

hcea Health Care

The Guidelines were developed by the Health Care Education Association to provide concise direction for health care professionals. Patient education is defined as "A process of assisting consumers of health care to learn how to incorporate health related behaviors (knowledge, skill, attitude) into everyday life with the purpose of achieving the goal of optimal health" (Bastable, 2017, p. 542). Over 10,000 articles and resources were reviewed to identify evidence-based practice for patient education develop the Guidelines.

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