



Creating Access to Child Health Resources, Information & Education

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Manager, Family & Community
Resource Centre

Family & Community Resource Centre

- Located at the Alberta Children's Hospital in Calgary, Alberta, Canada



Alberta Children's Hospital

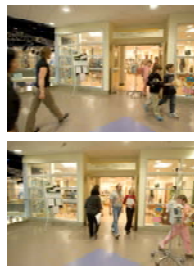


Alberta Children's Hospital



Family & Community Resource Centre

- An initiative of the Southern Alberta Child & Youth Health Network

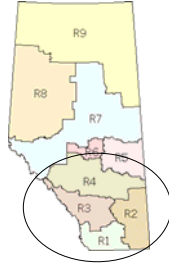


Southern Alberta Child & Youth Health Network

- Brings together individuals and organizations concerned with the health and well being of children, youth and families.
- It includes parents, child serving government ministries, provincial agencies, regional authorities, First Nations, universities and not-for-profit agencies who serve children, youth and families.

Southern Alberta Child & Youth Health Network

- The health and well-being of children, youth and families is supported by high quality, coordinated programs, services and information resources that are accessible and as close to home as possible.



Where is Alberta?



Family & Community Resource Centre

- Our vision is to create universal access to comprehensive and reliable child health support, education, information and resources for families, service providers and community members across southern Alberta.

Emotional Support



Family Activities



Child Activities



Child Activities



Scrapbook Evening



Family Centred Care Approach

- We believe that families and professionals share the responsibility of providing the best child health care experience possible.
- By creating access to credible health related information, education and personalized resources, families are assisted to make informed decisions, advocate regarding their child's care and contribute to enhanced child and youth health outcomes.

Four Service Areas

- Support
- Education
- Information
- Resources

Family Support

- Way finding information
- Parking
- Accommodations
- Emergency funding
- Emotional Support
- Family Journal

Family Support



Family Support



Accommodations



Family Centre



Coffee Hour

- Parents are given an opportunity to connect with other parents and learn from each through their child's health care experience.



Education

- Information as an intervention
- Waitlist management strategy

Education

- Community Education Service



Community Education Service

- Provides families and community professionals with opportunities to access evidence-informed child health education.
- Embraces a Family Centred Care approach to build family/professional capacity by promoting families as active, fully informed partners in the care of their children.

Community Education Service

- Promotes the role of the community partners as a vital support to children and families receiving care.
- Sessions are free and offered on site at Alberta Children's Hospital, in the community, and by videoconferencing across southern Alberta.

Telehealth

- Videoconferencing technology allows families to access credible child health education sessions as close to home as possible.



Attention Deficit Hyperactivity Disorder in Children and Adolescents

Learning Objectives:

- Learn the signs and symptoms of ADHD
- Learn basic strategies to use when caring for a child with ADHD
- Level I Activity: This activity presents an overview of ADHD and strategies to use with a child or adolescent diagnosed with ADHD
- Intended Audience: Parents and/or caregivers

Registration: 6:15pm
Session: 6:30-8:00pm

NEW DATES FOR FALL 2007

- September 26, 2007 – Alberta Children's Hospital Room B2200
2888 Shaganappi Trail NW
- October 30, 2007 – Calgary Learning Centre
3030 20th Street SW
- November 26, 2007 – Monsignor JJ O'Brien School
99 Bridlewood Road SW

Free child programming will be available on September 26th for children ages 5-11 by Minds In Motion – Please inquire when registering –

ALL Sessions are FREE of Charge

Please register by emailing ces@sacyhn.ca or calling 955-7420

Presented by: The Community Education Service of the Southern Alberta Family and Community Resource Centre

DEPRESSION IN CHILDREN & ADOLESCENTS

NEW DATES FOR FALL 2007

PRESENTED BY: THE COMMUNITY EDUCATION SERVICE OF THE SOUTHERN ALBERTA FAMILY AND COMMUNITY RESOURCE CENTRE

Date: September 24, 2007 **Location:** Monsignor JJ O'Brien School (99 Bridlewood Road SW)

Date: November 1, 2007 **Location:** Learning Village Family Place at Cappy Smart School (5808 Madigan Drive NE)

Date: November 28, 2007 **Location:** Alberta Children's Hospital—Room B2200—(2888 Shaganappi Trail)

Registration: 6:15pm
Session: 6:30-8:00pm

Free child programming will be available for children 5-11 on November 28th by Minds In Motion – Please inquire when registering –

Learning Objectives:

- Learn to recognize the signs and symptoms of depression
- Learn to recognize the warning signs for suicide
- Learn basic strategies to use to reduce the effects of depression

Level I Activity: This activity presents an overview of depression and strategies to use with a depressed child or adolescent

Intended Audience: Parents and/or caregivers

ALL Sessions are FREE of Charge

–Please register by emailing ces@sacyhn.ca or calling 955- 7420–

Disruptive Behaviours in Children & Adolescents

Presented by: Community Education Service of the Southern Alberta Family and Community Resource Centre

NEW DATES FOR FALL 2007

Registration: 6:15pm
Session: 6:30-8:00pm

Dates and Locations:

- **September 27, 2007**—Learning Village Family Place at Cappy Smart School—5808 Madigan Drive NE
- **November 27, 2007**—Calgary Learning Centre—3930 20th Street SW
- **December 5, 2007**—Alberta Children's Hospital—Room B2200—2888 Shaganappi Tr. NW

Learning Objectives:

- Learn positive parenting strategies
- Learn what your children are trying to tell you when they misbehave
- Learn some guidelines for establishing effective household rules
- Learn basic ingredients for building positive family relationships
- Level I Activity: This activity presents an overview of disruptive behaviours and strategies to use with a disruptive child or adolescent
- Target Audience: Parents and/or caregivers

Free child programming will be available for children ages 5-11 on December 5th by Minds In Motion – Please inquire when registering –

On November 27, 2007, for registrants who are able, donations of a gently used preschool book will be accepted in support of the Calgary Learning Centre's 'Share the Magic Library Program'

Please register by emailing ces@sacyhn.ca or calling 955- 7420

Session is FREE of Charge

Family Yoga: Yoga for Awareness and Appreciation

Presented by: Jennifer Herzog, Certified Yoga instructor

October 11, 2007
 Registration: 6:15pm
 Presentation: 6:30-8:00pm
 Learning Village Family Place
 at Cappy Smart School
 5808 Madigan Drive NE

All participants please register by Oct. 4 07 by calling 555-7420 or e-mail ces@sacyhn.ca

This session will provide an opportunity for parents and their children to explore yoga as a fun and interactive family activity

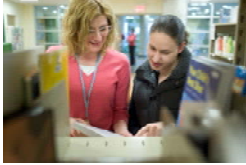
Level 1 Activity: This activity would best meet the needs of families who are interested in learning more about yoga as a means for family interaction.





calgary health region | child & youth | The Calgary Learning Village Collaborative

Information

- By providing resources and information literacy training, it is hoped that families are better able to comprehend and manage child health issues.



Child Health Information



Child Health Information Specialist


- Secures quality literature and audiovisual resources for our family lending library
- Guides families in their acquisition of child health information from reliable sources

Child Health Information Specialist

- Directs families in the effective use of the Internet for their health information needs
- Conducts literature searches for families and professionals on child health topics

Child Health Information

- We have a high caliber assortment of information resources in a variety of formats ranging from basic to complex.



Information Prescriptions

- Information Prescriptions on a variety of child health topics such as: Asthma, ADHD, Autism, Coping with Teasing and Bullying, Diabetes and many others are available.



Parent Power Hour

- Parents attend sessions to learn about a variety of topics through our video/DVD collection, handouts, and discussions.

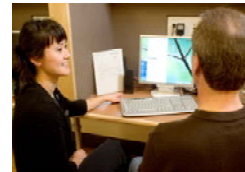


Medical Library



Resources

- Child Health Computer Program



Child Health Computer Program

- Utilizes computers and other digital media in therapeutic ways to support the psychosocial care of children and families in the health care environment.
- Links to credible child health information on all Public Access computers within the Family & Community Resource Centre

Child Health Computer Program

- Children and families can access technology to gather child health information, engage in recreational activities and connect to school, family and friends.



Public Access Computers



Community Resources

- The Resource Management Database contains over 1700 resources, pamphlets, brochures and newsletters from southern Alberta.



Other Resources & Services

- Therapeutic Clown
- Aboriginal Liaison
- Diversity Services

Therapeutic Clown

- Sparkle and Jumpa bring laughter, joy and wonder to the children, youth and families throughout southern Alberta.



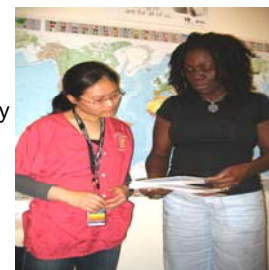
Aboriginal Liaison

- Works with hospital staff to enhance the healthcare of Aboriginal patients and families by providing access to information and community resources.



Diversity Services

- Enhancing Cultural Competency Resource Tool
- Cultural Competency Checkcard
- Immigrant and Refugee Women's Cultural Health Practices



Future Directions

- Virtual Family & Community Resource Centre
- On-line family discussion forums
- Family to Family Connection Service

www.sacyhn.ca

Contact Information

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